

# Evangelism & Membership

## Centered Life Ministry

### **Work – Life Balance**

*Edited from an article by Peggy Hahn, LEAD Executive Director*

Did you know that only 20% of the US population feel like they have a healthy work-life balance? So, you're not alone! But since when is that the goal of our lives anyway? There is no perfect metric that can set life on a balanced course. From day to day, week to week, or year to year, the variables are tremendous.

So, how are we to live the lives we are meant to live as holistic, integrated, fully-human beings? This isn't a rhetorical question. Take a moment and ask yourself this:

### ***How can I live the life I was born to live?***

At the end of your life, would you prefer to be known as the person who did a great job juggling life or a person who had character and integrity?

If our goal is to keep our lives balanced, we will lose. Most days, real life is anything but. If our goal is to identify and live out our values, the values we share with family and faith community, the values that define our work, we have a chance to live an integrated, centered life that holds together.

### **How can you break free of the work-life so you can live the centered life you were born to live?**

Planning ahead and trying to be in control isn't enough. We need to walk our talk, be the same person whether at home or at work; we need to find our center and live from it. Find your top 3-5 core values. Once you do, align your life around them. Your life may not be easier but you will find

decision-making less stressful and your days more satisfying.

You can do this. We can do this.

### **Mission PR: Save the Date(s)**

Our Mission PR friends, Heather and Ivan Fernandez, will be visiting with us this coming July. The date range we are currently working with is July 13-20. During their visit, we are hoping to do several important things together:

- Zion Work and Fun Days, Saturday July 14th concluding with a **BBQ picnic** on the Zion lawn as well as one additional day
- Worship celebration – 9:30 am, Sunday, July 15th
- Get to know Michigan! – Fun tour to local and regional locations
- Mission outreach together

Please let Pastor Kathy know if you would like to be involved in planning events and activities around Heather and Ivan's visit. We will have a planning session in April. Watch for the date!

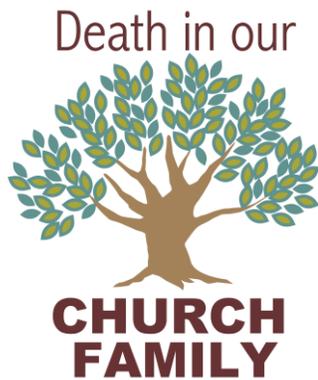


Our sincere condolences go to ...

Steve and Jan Hannah and family on the loss of Steve's mother, Barbara Horner, on February 23.

Don and Trish Burke and family on the loss of Don's stepfather, Michael Ciesluk, on March 13.

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Karlfred "Fred" Schillack, aged 68 years, died the morning of Sunday, March 18, 2018, at U of M Medical Center in Ann Arbor. Fred was born at St. Joseph Hospital in Bremen, Germany, on September 4, 1949, the son of Gottfried and Renate (Harjes) Schillack. He was baptized on December 26, 1949, at Lesum Kirche in Bremen.

Arriving to New York Harbor in early 1954, Fred distinctly remembered seeing the Statue of Liberty for the first time. After years of growing up in New Jersey, he was proud to be granted U.S. Citizenship on March 18, 1960. During this time, Fred also became an Eagle Scout.

He moved to Michigan to pursue a career in computing, where he married Diane Kay Lindemann on August 5, 1972, at Zion Lutheran Church in Ann Arbor. He was preceded in death by his father, Gottfried. Fred was a member of Zion Lutheran Church in Chelsea.

His first career in computer analysis spanned the use of computer punch cards to the Y2K frenzy; he assisted with the U.S. space program, helped program the first ATM in Michigan, and did data analysis for the automotive, healthcare, and banking industries. For half a decade, he sold Honda vehicles

through two local dealerships. His second career was in food services at U of M Medical Center where he delighted in helping patients and staff. He enjoyed reading, computers, woodworking, science fiction, and genealogy. Fred served 6 years in the U.S. Air Force Reserves.

He is survived by his wife, Diane; a son and daughter-in-law, Niklaus and Whitney Schillack; two granddaughters, Alexandra and Emery; and his mother, Renate.

In lieu of flowers, gifts in memory of Fred may be made to Zion Lutheran Church, 3050 S. Fletcher Road, Chelsea, Michigan, 48118.



Thank you for all the cards and prayers and everything that helped get me back on my feet while I was in the hospital and rehab. Thanks to Karen Wineland for the flowers and visits, too.

Ann Hoover

I want to thank the people who called and sent cards while I was laid up from my fall. I also want to thank everyone who said a prayer for me. I am feeling much better and was released by my doctors, so I am on my own.

God is great!  
Dave Hoeft

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Jack Anderson  
James Becker  
Melody Bristle\*  
Emma Bumstead  
Judy Burgess  
Dolores Buss  
Diane Butler  
Diana Campbell  
Michael Carry, Sr.  
Alex Clark & Family  
Jim Clark  
Paula Curtis\*  
Ruth Curtis\*  
Kenny Davis  
Johanna Dow  
Michelle Eder  
Shannon Evoy  
Walt Faubion\*  
Roslyn Harris  
Phin Lee Hause  
Zachary Hoeft  
Melanie Hopp  
Barbara Hunget  
Erin Jeruzal  
Amanda Johnson\*  
Henry Johnson  
Kitty Koch\*  
Don Koengeter\*  
Eric Lazarus  
Barry Ludwig\*  
Nick Mahrle\*  
Velma Markins  
Warren Mayer\*  
Elaine McCalla  
Janet McCalla  
Larry Methner\*  
Rosemary Nagy

Jan Peters\*  
Howard Poley\*  
Rachael Postma  
Arlene Riba\*  
Cheryl Robison\*  
Maureen Rodriguez  
Mike Roskowski  
Lois Schenk\*  
Diane Schillack\*  
Renate Schillack\*  
Diane Schmid\*  
Kaylan Schneider  
Nolan Sensintaffar  
George Sparrow  
Anna Stark  
Rick Tollefson  
Carl Townsend  
Fred & Teresa Townsend  
Joe Turk  
Alan VanDyke  
Wes & Loretta VanDyke  
Evan Wetkowski  
Christine Williams  
Ted Williams  
Mike Wilson

## ***Homebound/Hospitalized***

Ruth Blumenauer\*  
Betty Hinderer\*  
Shirley Meyn\*  
Edna Wenk\*

## ***In Harm's Way***

Lewis Gilbert\*  
Kirk Hedding\*  
Graham Nichols\*  
Jake Schaffer  
Chris Taylor\*

*\*Zion members*